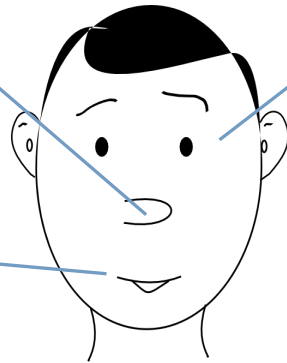


*Medications listed are only a few examples. This is not an all-inclusive list of Med-pass errors - For questions, please contact your consultant pharmacist

Wait at least 2 min. between sprays in the same nare
(Flonase - prime if not used within 48 hours)

Wait at least 1 min. between inhalations
-Shake well (10 sec. for Combivent)
-Don't forget to rinse & spit after steroid inhalers (Ex: Advair, QVAR, Pulmicort, Symbicort, Flovent, Asmanex, Dulera)



Wait at least 3 - 5 min. between drops in the same eye
-Shake suspensions (Ex: Systane, Cortisporin, Tobradex, Prednisolone, Lotemax)
-Cosopt: wait 10 min. between drops
-Restasis: wait 15 min. between drops
-Administer ointments after ophthalmic solutions

READ!

Pay close attention to any added instructions on the MAR - give with food, 8 oz. of water, check pulse, hold for blood pressure below, notify physician, etc.

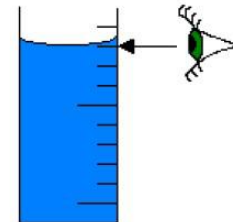
Privacy Please...

Do not give injections (insulin or Accu-checks) or inhalations, apply pastes or patches, administer eye or ear drops, or apply any other topical item in the dining area, hall, day room, or smoke rooms.

Enteral Tube Administration
-Never administer bulk-forming laxatives via tube (ex: Citrucel, Metamucil)
-Some medications are not compatible with enteral feedings (ex: Phenytoin, Cipro, Levaquin, Coumadin, Tegretol, Pen VK, hydralazine and tetracycline). Turn pump off 1-2 hours prior to administration and turn back on the same amount of time after administration. Check with your facility or consultant pharmacist for specific policies.
-If medication is required to be given on an empty stomach, turn pump off 30 minutes prior to administration
-Elevate head of bed to 30-45 degrees

Med-Pass Quick Reference

Medications with Shortened Expiration Dates	
Inhalers	Advair Diskus (1 month), Asmanex (45 days), Serevent Diskus (6 weeks), Flovent Diskus 50mcg (6 weeks) Flovent Diskus 100 & 250 mcg (2 months), Brovanva (6 weeks), Symbicort (90 days), Foradil (4 months), Xopenex (14 days after opening foil), Pulmicort Respules (14 days after opening foil), Ventolin (12 months)
Nasal Sprays	Fortical (30 days), Miacalcin (35 days), Astelin (3 months)
Ophthalmics	Xalatan (42 days), Zioptan (28 days)
Insulins	See back for insulin storage requirement chart.
Injectables	Forteo (28 days *keep refrigerated at all times), Byetta (30 days), Bydureon (28 days), Risperdal Consta (7 days at room temp), Victoza (30 days)



Always measure liquids **at eye level** and to the bottom of the meniscus. Medications that require a blood level (i.e. Tegretol, Dilantin, Depakote, Lanoxin) must be measured with an oral dose syringe.

Insulin	Unopened		
	Open		
Vials	Refrigerated (36°F to 46°F)	Room Temperature (59°F to 86°F)	Refrigerated or Room Temperature (36°F to 46°F)
Apidra®	Expiration date on vial	28 days	28 days
Humalog®	Expiration date on vial	28 days	28 days
Humalog® Mix (75/25 or 50/50)	Expiration date on vial	28 days	28 days
Humulin® R, Humulin® N, Humulin® 70/30	Expiration date on vial	31 days	31 days
Lantus®	Expiration date on vial	28 days	28 days
Levemir®	Expiration date on vial	42 days	42 days
Novolin® R, Novolin® N, Novolin® 70/30	Expiration date on vial	42 days (up to 77°F)	42 days
Novolog®	Expiration date on vial	28 days	28 days
Novolog® Mix 70/30	Expiration date on vial	28 days	28 days

Insulin	Unopened		Open
	Refrigerated (36°F to 46°F)	Room Temperature (59°F to 86°F)	Room Temperature (59°F to 86°F) DO NOT REFRIGERATE PENS AFTER OPENING
Pens, Cartridges, and Prefilled Syringes			
Admelog® Solostar®	Expiration date on pen	28 days	28 days
Apidra® SoloStar®	Expiration date on pen	28 days	28 days
Basaglar® Kwikpen®	Expiration date on pen	28 days	28 days
Fiasp® Flextouch®	Expiration date on pen	28 days	28 days
Humalog® KwikPen®	Expiration date on pen	28 days	28 days
Humalog® Mix 50/50 KwikPen®	Expiration date on pen	10 days	10 days
Humalog® Mix 75/25 KwikPen®	Expiration date on pen	10 days	10 days
Humulin® N KwikPen®	Expiration date on pen	14 days	14 days
Humulin® 70/30 Pen	Expiration date on pen	10 days	10 days
Lantus® SoloSTAR®	Expiration date on pen	28 days	28 days
Levemir® Flextouch®	Expiration date on pen	42 days	42 days
Novolog® FlexPen®	Expiration date on pen	28 days	28 days
Novolog® Mix 70/30 FlexPen®	Expiration date on pen	14 days	14 days
Toujeo® SoloSTAR®	Expiration date on pen	42 days	42 days
Tresiba® FlexTouch®	Expiration date on pen	56 days	56 days

Examples of Non-Pharmacological Interventions

- It is vitally important to document what has been attempted before starting a new medication

- Increasing the amount of resident exercise, intake of liquids and dietary fiber in conjunction with an individualized bowel regimen to prevent or reduce constipation and the use of medications (e.g. laxatives and stool softeners);
- Identifying, addressing, and eliminating or reducing underlying causes of distressed behavior such as boredom and pain;
- Using sleep hygiene techniques and individualized sleep routines;
- Accommodating the resident's behavior and needs by supporting and encouraging activities reminiscent of lifelong work or activity patterns, such as providing early morning activity for a farmer used to awakening early;
- Individualizing toileting schedules to prevent incontinence and avoid the use of incontinence medications that may have significant adverse consequences (e.g., anticholinergic effects);
- Developing interventions that are specific to resident's interests, abilities, strengths and needs, such as simplifying or segmenting tasks for a resident who has trouble following complex directions;
- Using massage, hot/warm or cold compresses to address a resident's pain or discomfort; or
- Enhancing the taste and presentation of food, assisting the resident to eat, addressing food preferences, and increasing finger foods and snacks for an individual with dementia, to improve appetite and avoid the unnecessary use of medications intended to stimulate appetite.