

## Med Pass Handout

- Alcohol hands between patients, unless gross contamination, then soap and water
  - \* gross contamination includes dressings, topicals, patches, eye/ear/nose sprays or drops
- Prepare only one resident's medications at a time: do not punch ahead.
- Must wait at least 1 minute between inhalations, 2 minutes between nose drops or sprays in same nare, and 3 minutes between eye drops in same eye.
- Administer only in private area, eye/nose drops or sprays, ear drops, patches, finger sticks, and inhaled Meds. Wear gloves to administer these Meds.
- Observe patient to determine they swallow all medications.
- Resources on top of cart labeled/dated (water, pudding, juices)
- Medcart must be locked when unattended.
- Insulin dated when opened, replace after 28 days.
- Advair and Serevent discus dated when opened, replace after 30 days.
- Travatan and Xalatan eye drops dated when opened, replace after 42 days.
- Glucose strips dated when opened, expiration date on side of container
  - \*discard after 28 days
- Clean glucometer before and after each use with manufacturer approved cleaner.
- Initial and date all patches when applied. Glove up. Hand hygiene – soap and water
- Destroy Fentanyl Patch; glove up to handle, fold in half, have another nurse observe destruction by placing in sharps container, and both sign Narcotic Book.
- Pump Nasal sprays must remain upright at all times, ie Flonase.
- Narcotic book must be signed when control drug is taken out of lock box, before it is given.
- Initial MAR after administration of Meds., except control drugs.
- MAR must be closed when away from Medcart.
- Compare MAR to Rx on all medications for correctness. ie, Does strength match?
- No personal food or drink on Medcart. Keep hand sanitizers in pocket – not on top of cart
- Do not leave any medications on top of Medcart when away from cart or at bedside.
- Place liquid measurement on top of cart (level area, at eye level) to determine correct amount.
- Shake Dilantin suspension at least 15 seconds before preparing dose.
- Use **syringe** to measure out Dilantin, Depakote, Iron Liq., or Potassium.
- Dilute Iron liquid or Potassium liquid with at least 120 mls of liquid before giving to patient, including G-Tube patient.
- Dilantin Suspension; dilute dose with 20mls of water before giving through tubing, then flush with at least 20 mls of diluent. Continuous enteral feedings should be stopped 1-2 hours before and after each dose.
- Give with a full glass of water, Potassium, Fibercon.
- Do not place empty Medcards. in trash unless patient name, and Rx number is marked out or tear top of card off and dispose in shredder.
- Make sure you know how to read Insulin Syringes.
- Scrubs dragging the ground is a contamination issue.
- Do not give Cymbalta with chocolate (pudding/mik)
- Liquid KCl and Iron: mix with 120 ml/H<sub>2</sub>O, give with food

**If you have questions, please ask your Clinical Concepts Consultant Pharmacist.**